

# NCLEX Practice Questions

## Health Promotion and Maintenance

**Question:** What is the primary goal of health promotion activities?

**Answer:** To enhance wellness and prevent disease

**Question:** During a routine health check-up, a 65-year-old patient asks how often they should have a colonoscopy. What is the recommended screening interval for a person at average risk?

**Answer:** Every 10 years

**Question:** A nurse is providing education to a pregnant woman. Which of the following topics should be included to promote healthy fetal development?

**Answer:** The benefits of taking prenatal vitamins with folic acid

**Question:** What is a key benefit of breastfeeding for the infant?

**Answer:** Reduces the risk of developing allergies

**Question:** A patient asks about ways to maintain a healthy weight. What is the most appropriate response?

**Answer:** Engage in regular physical activity and balanced eating

**Question:** Which vaccine is recommended annually for adults to prevent a common contagious respiratory illness?

**Answer:** Influenza vaccine

**Question:** A 55-year-old woman asks about osteoporosis prevention. Which lifestyle change should the nurse recommend?

**Answer:** Engaging in weight-bearing exercises

**Question:** For a teenager, which of the following is considered an important aspect of health promotion?

**Answer:** Developing positive social connections

**Question:** What is a priority educational topic for older adults to reduce the risk of falls?

**Answer:** Using night lights in halls and bathrooms

**Question:** Which of the following strategies is effective in promoting cardiovascular health?

**Answer:** Consuming a diet high in fruits, vegetables, and whole grains

**Question:** What is the recommended age to begin routine mammography screening for women at average risk for breast cancer?

**Answer:** 40 years old

**Question:** Which intervention is most appropriate to reduce the risk of sudden infant death syndrome (SIDS)?

**Answer:** Place the baby on their back to sleep

**Question:** A nurse is teaching a patient about hypertension prevention. Which lifestyle modification should be emphasized?

**Answer:** Engaging in regular physical activity

**Question:** What is a key component of a well-child visit?

**Answer:** Monitoring growth and development

**Question:** Which health promotion strategy is important for preventing dental caries in children?

**Answer:** Brushing teeth twice daily with fluoride toothpaste

**Question:** What is the most effective way to prevent the spread of communicable diseases in the community?

**Answer:** Washing hands frequently

**Question:** Which of the following is an essential part of health promotion for adolescents?

**Answer:** Educating about the dangers of substance abuse

**Question:** During a prenatal visit, the client asks about exercises that are safe to perform during pregnancy. Which of the following is the best recommendation?

**Answer:** Swimming and walking

**Question:** What is the primary purpose of immunizations in children?

**Answer:** To prevent infectious diseases

**Question:** A nurse is educating an elderly client on osteoporosis prevention. Which dietary advice is appropriate?

**Answer:** Increase intake of calcium and vitamin D

**Question:** Which of the following is an important aspect of prenatal care?

**Answer:** Regular prenatal check-ups and monitoring

**Question:** A nurse is discussing smoking cessation with a client. What is a key benefit of quitting smoking?

**Answer:** Reduced risk of lung disease and cancer

**Question:** What is the primary purpose of a community health assessment?

**Answer:** To identify and address health needs and resources

**Question:** Which of the following activities promotes mental health in older adults?

**Answer:** Engaging in social and community activities

**Question:** Which dietary recommendation would you give to a client to promote cardiovascular health?

**Answer:** Consume more fruits, vegetables, and lean proteins

**Question:** What is a critical component of health promotion for a client with diabetes?

**Answer:** Regular monitoring of blood glucose levels

**Question:** To prevent motor vehicle injuries in children, which of the following is recommended?

**Answer:** Using appropriate child safety seats and seat belts

**Question:** Which screening test is recommended for early detection of cervical cancer?

**Answer:** Pap smear

**Question:** Which strategy is effective for stress management?

**Answer:** Practicing mindfulness and relaxation techniques

**Question:** What is the best way to promote healthy sleep hygiene in adults?

**Answer:** Using the bed only for sleep and intimacy

**Question:** What is the recommended amount of physical activity for adults to maintain health?

**Answer:** 150 minutes of moderate exercise per week

**Question:** A nurse is teaching a community group about the benefits of immunizations. Which statement is accurate?

**Answer:** Immunizations help build immunity and reduce the spread of infectious diseases

**Question:** What is a vital screening test for early detection of high cholesterol?

**Answer:** Lipid panel

**Question:** Which health promotion activity is essential for preventing osteoporosis?

**Answer:** Regular weight-bearing exercises

**Question:** A nurse is providing guidance on oral health. Which behavior should be encouraged?

**Answer:** Brushing teeth twice daily with fluoride toothpaste

**Question:** What should be included in a health promotion plan for a client at risk for heart disease?

**Answer:** Managing stress and maintaining a healthy diet

**Question:** Which of the following strategies is effective in preventing Type 2 Diabetes?

**Answer:** Eating a balanced diet and staying physically active

**Question:** Which action is vital to avoid skin cancer?

**Answer:** Wearing protective clothing and applying broad-spectrum sunscreen

**Question:** What health promotion activity can help reduce the risk of stroke?

**Answer:** Engaging in regular physical activity and blood pressure control

**Question:** What is the recommended frequency for dental check-ups?

**Answer:** Every 6 months

**Question:** Which of the following is a key component of prenatal care?

**Answer:** Regular monitoring of fetal development

**Question:** What is the best dietary recommendation for an adult to promote heart health?

**Answer:** Eating a variety of fruits, vegetables, and whole grains

**Question:** How often should women aged 21–65 have a Pap smear to screen for cervical cancer?

**Answer:** Every 3 years

**Question:** Which practice is essential for promoting good mental health?

**Answer:** Engaging in regular physical activity

**Question:** To prevent accidental poisoning in children, what should parents do?

**Answer:** Read labels and store all dangerous substances out of reach

**Question:** Which of the following is a recommended strategy to reduce childhood obesity?

**Answer:** Providing balanced meals and encouraging physical activity

**Question:** How can a nurse best promote a healthy work-life balance for clients?

**Answer:** Encouraging time management and regular breaks

**Question:** What is an effective way to prevent urinary tract infections (UTIs) in women?

**Answer:** Drinking plenty of water and practicing good hygiene

**Question:** Which recommendation is important for sun safety in children?

**Answer:** Wearing hats, sunglasses, and applying broad-spectrum sunscreen

**Question:** What is an effective health promotion strategy to prevent dehydration in elderly clients?

**Answer:** Encouraging regular fluid intake throughout the day

**Question:** What is the most appropriate recommendation for preventing poisonings in the home?

**Answer:** Store all chemicals and medicines in original containers and out of reach of children

**Question:** To promote healthy vision in children, what should parents encourage?

**Answer:** Regular eye examinations and minimizing screen time

**Question:** Which of the following strategies is useful for smoking cessation?

**Answer:** Gradually reducing cigarette intake

**Question:** Which advice would you give to an adolescent to promote healthy skin?

**Answer:** Maintaining a balanced diet and proper hydration

**Question:** What is a recommended dietary practice for preventing anemia?

**Answer:** Consuming iron-rich foods like lean meats, beans, and spinach

**Question:** How can parents promote safety for teenagers who are beginning to drive?

**Answer:** Enforcing the use of seat belts and limiting night-time driving

**Question:** Which practice is crucial in preventing respiratory infections in a community setting?

**Answer:** Encouraging frequent hand washing and vaccinations

**Question:** What is an effective intervention to promote breastfeeding?

**Answer:** Providing accurate information about breastfeeding benefits

**Question:** Which recommendation should be given to clients to maintain good hydration, especially in the summer?

**Answer:** Drink plenty of water throughout the day

**Question:** What is an essential strategy for preventing childhood injuries at home?

**Answer:** Childproofing home environments and supervising activities

**Question:** Which of the following is an important component of adolescent health promotion?

**Answer:** Promoting regular physical activity and balanced nutrition

**Question:** What is the most effective way to prevent child obesity?

**Answer:** Promoting regular physical activity and a balanced diet

**Question:** Which intervention is beneficial for promoting mental health in adults?

**Answer:** Engaging in hobbies and establishing a support network

**Question:** Which screening is recommended annually for elderly clients to promote health maintenance?

**Answer:** Flu vaccination

**Question:** A nurse is teaching a client about measures to prevent osteoporosis. Which statement should be included?

**Answer:** Include weight-bearing exercises in your routine

**Question:** Which of the following practices can help reduce the risk of developing Type 2 Diabetes?

**Answer:** Maintaining a healthy weight and balanced diet

**Question:** What is a crucial aspect of safety education for school-age children?

**Answer:** Educating them on looking both ways before crossing the street

**Question:** To promote cardiovascular health, what should an adult client be encouraged to do?

**Answer:** Engage in at least 30 minutes of moderate exercise most days of the week

**Question:** What is the purpose of including folic acid in a woman's preconception diet?

**Answer:** To prevent neural tube defects

**Question:** Which strategy is most effective in promoting dental health in preschool children?

**Answer:** Brushing teeth twice daily with fluoride toothpaste

**Question:** Which of the following interventions is key to prevent hypertension?

**Answer:** Regular physical activity and a balanced diet

**Question:** What is the primary benefit of regular physical check-ups?

**Answer:** Early detection and prevention of potential health issues

**Question:** To promote safe infant sleep, which practice should parents follow?

**Answer:** Using a firm mattress and avoiding loose bedding

**Question:** Which measure is most effective in preventing childhood lead poisoning?

**Answer:** Ensuring homes are free from lead-based paints

**Question:** Which action can help reduce the risk of colorectal cancer?

**Answer:** Regular screening and a diet high in fiber

**Question:** What is an effective strategy to promote safe medication use in the elderly population?

**Answer:** Providing clear instructions and using pill organizers

**Question:** To promote healthy weight management, what should individuals be encouraged to do?

**Answer:** Maintain a balanced diet and regular physical activity

**Question:** Which preventive measure is recommended to reduce the incidence of skin cancer?

**Answer:** Using broad-spectrum sunscreen and protective clothing

**Question:** How can parents effectively prevent accidental drowning in young children?

**Answer:** Providing constant supervision around water and using barriers

**Question:** What is the primary goal of vaccination programs?

**Answer:** To prevent the spread of infectious diseases

**Question:** What is the most effective strategy to promote health in school-aged children?

**Answer:** Providing balanced meals and encouraging physical activity

**Question:** Which practice is important for maintaining cardiovascular health?

**Answer:** Engaging in regular physical exercise

**Question:** Which of the following is a recommended method for reducing the risk of breast cancer?

**Answer:** Regular mammograms and self-examinations

**Question:** What is an effective measure to prevent the development of pressure ulcers in bedridden patients?

**Answer:** Repositioning the patient every two hours

**Question:** Which lifestyle change is recommended to reduce the risk of Type 2 Diabetes?

**Answer:** Engaging in regular physical activity and maintaining a healthy diet

**Question:** To prevent childhood obesity, parents should be encouraged to:

**Answer:** Encourage regular physical activity and provide healthy meals

**Question:** What is the best way to prevent dehydration in the elderly population?

**Answer:** Encouraging regular fluid intake throughout the day

**Question:** Which screening test is important for the early detection of prostate cancer?

**Answer:** Prostate-specific antigen (PSA) test

**Question:** What is an important health promotion strategy for preventing dental caries in young children?

**Answer:** Promoting regular brushing with fluoride toothpaste

**Question:** What is a recommended practice to ensure proper sleep hygiene?

**Answer:** Establishing a regular sleep schedule

**Question:** Which preventive measure is recommended to reduce the risk of lung cancer?

**Answer:** Smoking cessation

**Question:** What is a crucial intervention to reduce fall risk in the elderly?

**Answer:** Using night lights and non-slip mats

**Question:** How often should adults engage in strength training exercises to maintain muscle mass and strength?

**Answer:** Two or more days per week

**Question:** Which recommendation would best help a client reduce stress?

**Answer:** Practicing yoga and deep-breathing exercises

**Question:** What is an important dietary recommendation for pregnant women to prevent neural tube defects?

**Answer:** Consume adequate folic acid

**Question:** What strategy can help reduce the risk of foodborne illnesses?

**Answer:** Cooking meat thoroughly

**Question:** Which practice helps in promoting effective weight loss?

**Answer:** Regular physical activity and a balanced diet

**Question:** Which intervention best promotes healthy aging?

**Answer:** Maintaining a healthy diet, regular exercise, and social engagement

**Question:** What is the role of antioxidants in health promotion?

**Answer:** Protecting cells from damage

**Question:** Which strategy is effective for health promotion in young adults?

**Answer:** Regular health check-ups and a balanced lifestyle

**Question:** Which activity is recommended to promote bone health in postmenopausal women?

**Answer:** Weight-bearing exercises like walking



**Question:** What is an essential step in preventing the spread of infection in a healthcare setting?

**Answer:** Hand hygiene before and after patient contact

**Question:** To promote oral health, how often should adults visit the dentist for check-ups?

**Answer:** Every 6 months

**Question:** Which lifestyle change is most effective in reducing the risk of developing chronic diseases such as heart disease and diabetes?

**Answer:** Smoking cessation

**Question:** Which type of diet is recommended for promoting cardiovascular health?

**Answer:** Low sodium, high fruits and vegetables

**Question:** Which preventive measure can help reduce the risk of urinary tract infections (UTIs) in women?

**Answer:** Wiping from front to back

**Question:** What is an effective strategy to manage and prevent obesity in children?

**Answer:** Encouraging healthy eating habits and regular physical activity

**Question:** Which practice is effective in maintaining musculoskeletal health in older adults?

**Answer:** Engage in regular weight-bearing and strength training exercises

**Question:** What is an essential strategy for reducing high blood pressure?

**Answer:** Regular physical activity and a balanced diet low in sodium

**Question:** Which of the following actions can best help reduce the risk of developing skin cancer?

**Answer:** Applying sunscreen with an SPF of 30 or higher when outdoors

**Question:** Which strategy is recommended for preventing childhood obesity?

**Answer:** Promoting physical activity and providing balanced meals

**Question:** What is an essential practice to maintain healthy skin?

**Answer:** Using sunscreen with at least SPF 30

**Question:** Which practice is beneficial for promoting oral health in children?

**Answer:** Brushing teeth twice daily and flossing

**Question:** Which is an important dietary recommendation for pregnant women?

**Answer:** Consume foods rich in folic acid

**Question:** What is an effective measure to prevent the spread of communicable diseases?

**Answer:** Regular hand washing and immunizations

**Question:** To maintain cardiovascular health, which lifestyle change is advisable?

**Answer:** Engaging in regular physical activity

**Question:** What is an essential component in the management of diabetes?

**Answer:** Regular monitoring of blood glucose levels

**Question:** Which strategy helps reduce the risk of osteoporosis?

**Answer:** Regular weight-bearing exercises

**Question:** What is a primary benefit of breastfeeding for the infant?

**Answer:** Provides essential nutrients and antibodies

**Question:** Which measure is important for preventing falls in the elderly?

**Answer:** Using non-slip mats and proper lighting

**Question:** What is the best way to promote good sleep hygiene?

**Answer:** Establishing a consistent sleep schedule

**Question:** Which action is essential for maintaining healthy blood pressure?

**Answer:** Engaging in regular physical activity and eating a balanced diet

**Question:** To prevent dehydration, what should patients be encouraged to do?

**Answer:** Drink plenty of water throughout the day

**Question:** What is an important aspect of health promotion for adolescents?

**Answer:** Educating about safe sex practices and substance abuse prevention

**Question:** Which of the following is an effective strategy to reduce the risk of childhood asthma?

**Answer:** Reducing exposure to environmental allergens and pollutants

**Question:** What measure can help reduce the risk of HIV transmission?

**Answer:** Using condoms during sexual intercourse

**Question:** Which dietary practice is recommended to maintain a healthy weight?

**Answer:** Eating balanced meals with appropriate portion sizes

**Question:** What is the primary benefit of regular physical activity for older adults?

**Answer:** Improves strength, balance, and overall health

**Question:** Which of the following activities is important for infant health promotion?

**Answer:** Regular pediatric check-ups and immunizations

**Question:** What is the recommended strategy to promote safe driving among teenagers?

**Answer:** Limiting night-time driving and enforcing the use of seat belts

**Question:** What is a key strategy for preventing childhood injuries in the home?

**Answer:** Installing safety gates and keeping hazardous materials out of reach

**Question:** Which is the most effective way to prevent the spread of influenza in a community?

**Answer:** Receiving an annual flu vaccine

**Question:** What is an important tip for sun protection?

**Answer:** Using sunscreen with SPF 30 or higher

**Question:** Which dietary practice helps in managing hypertension?

**Answer:** Following the DASH diet (Dietary Approaches to Stop Hypertension)

**Question:** What is a preventive measure for reducing the risk of Type 2 diabetes?

**Answer:** Engaging in regular physical activity and maintaining a healthy weight

**Question:** Which approach is essential in promoting breast cancer awareness?

**Answer:** Encouraging regular mammograms and self-breast exams

**Question:** To promote infant safety, what should parents be advised to do?

**Answer:** Use a firm mattress and keep soft objects out of the crib

**Question:** Which practice is beneficial for maintaining mental health?

**Answer:** Engaging in regular physical activity and social interactions

**Question:** What is a key aspect of promoting dental health in school-aged children?

**Answer:** Brushing twice daily and regular dental check-ups

**Question:** Which measure can help prevent adolescent drug abuse?

**Answer:** Educating about the dangers of drug use and encouraging open communication

**Question:** Which is a primary goal of health promotion activities?

**Answer:** Enhancing wellness and preventing illness

**Question:** What is an effective way to reduce the risk of cervical cancer?

**Answer:** Regular Pap smears and receiving the HPV vaccine

**Question:** To promote safe sleeping in infants, which practice should be followed?

**Answer:** Putting the infant to sleep on their back

**Question:** Which dietary change can help reduce the risk of hypertension?

**Answer:** Following a low-sodium diet

**Question:** What is the recommended amount of physical activity for children?

**Answer:** 60 minutes of moderate to vigorous activity daily

**Question:** What is the primary benefit of using sunscreen with SPF 30 or higher?

**Answer:** Reducing the risk of skin cancer and sunburn

**Question:** To promote mental well-being, what should individuals be encouraged to do?

**Answer:** Engage in regular physical activity, social interactions, and hobbies

**Question:** Which is a recommended practice for the early detection of colorectal cancer?

**Answer:** Undergoing regular colonoscopy screenings starting at age 50

**Question:** What is a key benefit of breastfeeding for the mother?

**Answer:** Helps in losing pregnancy weight and reduces the risk of certain cancers

**Question:** What is an important intervention to prevent accidental poisoning in children?

**Answer:** Storing chemicals and medications in child-proof containers and out of reach

## **Psychosocial Integrity.**

**Question:** A patient is newly diagnosed with bipolar disorder. What is the most appropriate nursing intervention during the acute phase of mania?

**Answer:** Provide a low-stimulation environment.

**Question:** What is the highest priority nursing diagnosis for a patient experiencing severe anxiety?

**Answer:** Risk for Injury

**Question:** Which statement by a patient indicates an understanding of their new prescription for sertraline?

**Answer:** It will take a few weeks before I start feeling better.

**Question:** Which approach would be most therapeutic when supporting a patient with major depressive disorder?

**Answer:** Listening actively and showing empathy.

**Question:** A patient with schizophrenia is experiencing auditory hallucinations. What is the most appropriate initial nursing intervention?

**Answer:** Engaging the patient in a reality-based conversation.

**Question:** A nurse is providing care to an elderly patient who is showing signs of depression. Which intervention is most appropriate?

**Answer:** Encourage the patient to talk about their feelings.

**Question:** Which nursing intervention is most appropriate for a patient exhibiting signs of post-traumatic stress disorder (PTSD)?

**Answer:** Promote relaxation techniques such as deep breathing.

**Question:** A patient with generalized anxiety disorder states, 'I can't stop worrying about everything.' What is the most appropriate nursing response?

**Answer:** Tell me more about what you are feeling.

**Question:** What is an effective nursing intervention for addressing a patient's low self-esteem?

**Answer:** Compliment the patient on their strengths and abilities.

**Question:** Which statement is most appropriate for a nurse to make to a patient experiencing grief after the loss of a loved one?

**Answer:** Let me know how I can support you during this time.

**Question:** A patient is diagnosed with obsessive-compulsive disorder (OCD). What is a priority nursing intervention?

**Answer:** Allowing plenty of time for rituals initially.

**Question:** Which of the following is an appropriate nursing intervention for a patient experiencing acute panic attack?

**Answer:** Encourage the patient to take deep breaths.

**Question:** A patient expresses feelings of hopelessness and says, 'I just can't go on.' What is the nurse's priority action?

**Answer:** Stay with the patient and conduct a safety assessment.

**Question:** When developing a care plan for a patient with an eating disorder, which is the most appropriate intervention?

**Answer:** Promote a supportive environment during meal times.

**Question:** For a patient experiencing auditory hallucinations, what statement by the nurse may help the patient distinguish the hallucinations from reality?

**Answer:** I don't hear the voices, but I believe you do.

**Question:** A nurse is caring for a patient with major depressive disorder who is withdrawn and minimally responsive. What is the best approach to encourage communication?

**Answer:** Sit with the patient in silence and offer verbal prompts.

**Question:** Which nursing action is most appropriate when working with a patient who has expressed a desire to commit suicide?

**Answer:** Develop a no-suicide contract with the patient.

**Question:** What is the priority nursing intervention for a patient experiencing delirium?

**Answer:** Reorienting the patient to time, place, and person regularly.

**Question:** A patient with borderline personality disorder exhibits self-harm behavior. What is the most appropriate initial nursing intervention?

**Answer:** Provide immediate medical attention if necessary and ensure safety.

**Question:** Which statement by the nurse is most therapeutic for a patient dealing with anxiety?

**Answer:** What specifically is causing you to feel anxious right now?

**Question:** A patient with a history of alcohol use disorder is admitted for detoxification. What is the nurse's first priority?

**Answer:** Monitoring the patient for signs of withdrawal.

**Question:** Which of the following interventions is appropriate for a patient diagnosed with agoraphobia?

**Answer:** Gradually expose the patient to feared situations with support.

**Question:** How should a nurse respond to a patient who is experiencing an anxiety attack and expresses fear of losing control?

**Answer:** You are safe here. Let's focus on taking some deep breaths together.

**Question:** A patient has recently been diagnosed with schizophrenia and is experiencing delusions. What is the most appropriate nursing approach?

**Answer:** Express understanding without reinforcing the delusion.

**Question:** Which initial intervention is most important for a patient who has been admitted with severe depression?

**Answer:** Assessing the patient's risk for suicide.

**Question:** A nurse is working with a patient who has been diagnosed with paranoid personality disorder. Which intervention is most appropriate?

**Answer:** Provide clear and straightforward explanations.

**Question:** What is the most appropriate nursing intervention for a patient with social anxiety disorder?

**Answer:** Introducing the patient to gradually more challenging social interactions.

**Question:** A patient tells the nurse, 'I feel worthless and that everyone would be better off without me.' What should be the nurse's priority action?

**Answer:** Assess the patient for suicidal ideation.

**Question:** Which intervention is most suitable for a patient experiencing hallucinations?

**Answer:** Engage the patient in reality-based activities.

**Question:** In caring for a patient with acute agitation and aggressive behavior, what is the nurse's priority?

**Answer:** Ensure the safety of the patient and others.

**Question:** A patient with depression is showing signs of improvement. What is a good indicator of this progress?

**Answer:** The patient expresses interest in attending group activities.

**Question:** What is the most appropriate nursing intervention for a patient experiencing delusions of persecution?

**Answer:** Encourage the patient to describe how they feel about the delusion.

**Question:** Which of the following would be an appropriate nursing intervention for a patient with a newly diagnosed anxiety disorder?

**Answer:** Helping the patient develop effective coping mechanisms.

**Question:** A nurse is educating a patient about their new medication for bipolar disorder. Which statement shows that the patient needs more teaching?

**Answer:** I can stop taking the medication once I feel better.

**Question:** What is a priority intervention for a patient experiencing severe depression and lack of appetite?

**Answer:** Monitoring the patient's weight and nutritional intake.

**Question:** What is the best approach for a nurse to take when communicating with a patient experiencing severe anxiety?

**Answer:** Using short, simple, and clear statements.

**Question:** A patient with PTSD is experiencing a flashback. What is the most appropriate initial intervention by the nurse?

**Answer:** Stay with the patient and offer reassurance.

**Question:** Which intervention is most appropriate for a patient diagnosed with somatic symptom disorder?

**Answer:** Focusing on developing effective coping strategies.

**Question:** A patient tells the nurse, 'I feel like I'm a burden to everyone.' What is the nurse's best response?

**Answer:** Let's explore these feelings further.

**Question:** A patient with schizophrenia is presenting with flat affect and withdrawal. What is the most appropriate nursing intervention?

**Answer:** Engage the patient in meaningful social activities when possible.

**Question:** A nurse is caring for a patient exhibiting signs of an acute stress disorder. What is the priority intervention?

**Answer:** Helping the patient establish a daily routine and providing support.

**Question:** A patient with anorexia nervosa is hospitalized. Which intervention is the most critical initially?

**Answer:** Encouraging the patient to join a support group.

**Question:** What is the most appropriate nursing action when dealing with a patient who has a history of violence and is currently agitated?

**Answer:** Maintaining a non-threatening stance and providing a calm environment.

**Question:** A patient with generalized anxiety disorder is experiencing insomnia. What is a suitable intervention for this patient?

**Answer:** Teaching the patient relaxation techniques and establishing a bedtime routine.

**Question:** Which approach is most therapeutic when working with a patient who has a severe form of obsessive-compulsive disorder (OCD)?

**Answer:** Gradually helping the patient limit the time spent on rituals.

**Question:** A patient with major depressive disorder states, 'I just don't feel like getting out of bed anymore.' What is the most appropriate nursing intervention?

**Answer:** Encourage the patient to maintain a regular daily routine.

**Question:** What is the most appropriate intervention for a patient experiencing severe agitation and aggression?

**Answer:** Provide a quiet and safe environment to help calm the patient.

**Question:** A patient with acute anxiety is experiencing difficulty breathing and chest tightness. What should the nurse do first?

**Answer:** Reassure the patient and encourage slow, deep breathing.

**Question:** A patient with schizophrenia is having difficulty distinguishing what is real from what is not. What is the best nursing intervention?

**Answer:** Engage the patient in reality-based activities.

**Question:** How should a nurse respond to a patient who states, 'I feel like giving up'?

**Answer:** I'm here for you. Let's talk more about what you're feeling.



**Question:** A nurse is caring for a patient with borderline personality disorder who is exhibiting self-harm behaviors. What is the priority intervention?

**Answer:** Directly address the self-harm behaviors and ensure safety.

**Question:** Which nursing intervention is appropriate for a patient experiencing extreme social withdrawal due to depression?

**Answer:** Encouraging small, gradual social interactions.

**Question:** A patient with PTSD is reluctant to discuss their traumatic experience. What should be the nurse's approach?

**Answer:** Promote a sense of safety and allow the patient to share at their own pace.

**Question:** A schizophrenic patient tells the nurse that they hear voices telling them to harm themselves. What is the nurse's priority action?

**Answer:** Stay with the patient and ensure their safety while assessing the situation.

**Question:** What is the most appropriate nursing intervention for a patient experiencing severe depressive symptoms?

**Answer:** Encouraging the patient to engage in regular physical activity.

**Question:** A patient with panic disorder expresses fear of having another panic attack in public. What is the most appropriate nursing intervention?

**Answer:** Encourage the patient to engage in exposure therapy with a therapist.

**Question:** A patient with obsessive-compulsive disorder (OCD) spends several hours a day washing their hands. What is the most appropriate nursing intervention?

**Answer:** Encourage the patient to gradually reduce the time spent on handwashing rituals.

**Question:** A nurse is caring for a patient who has been diagnosed with delirium. What is the best initial nursing intervention?

**Answer:** Provide a calm and well-lit environment.

**Question:** Which of the following is a crucial nursing intervention for a patient expressing feelings of hopelessness?

**Answer:** Monitoring the patient closely for any signs of suicidal ideation.

**Question:** A patient with generalized anxiety disorder is having difficulty sleeping. What nursing intervention would be most helpful?

**Answer:** Encouraging the patient to follow a consistent bedtime routine.

**Question:** A patient with severe depression expresses concerns about feeling worthless and hopeless. What is the most appropriate nursing response?

**Answer:** It's important to talk about these feelings. I'm here to listen.

**Question:** Which approach is most therapeutic for a patient diagnosed with dependent personality disorder?

**Answer:** Encouraging the patient to make decisions independently.

**Question:** What is the priority nursing intervention for a patient with acute mania?

**Answer:** Providing a low-stimulation environment.

**Question:** A patient with schizophrenia is experiencing command hallucinations instructing them to harm others. What should the nurse do first?

**Answer:** Ensure the safety of the patient and others immediately.

**Question:** For a patient with social anxiety disorder, which is the most appropriate initial intervention?

**Answer:** Gradually introducing the patient to small social interactions.

**Question:** A nurse is developing a care plan for a patient with chronic schizophrenia. Which intervention is most appropriate to help the patient manage their hallucinations?

**Answer:** Teach the patient to use distraction techniques when hallucinations occur.

**Question:** What is the best nursing intervention for a patient admitted with severe anorexia nervosa?

**Answer:** Monitor the patient's vital signs and electrolyte levels closely.

**Question:** A patient diagnosed with bipolar disorder is in the depressive phase. What is the most appropriate nursing intervention?

**Answer:** Provide a structured schedule and encourage self-care activities.

**Question:** A patient with PTSD reports having frequent nightmares. What is the most suitable nursing intervention?

**Answer:** Teach the patient relaxation techniques before bedtime.

**Question:** What is an effective strategy for a nurse to use when communicating with a patient who has a cognitive impairment due to dementia?

**Answer:** Using short, simple sentences and repeating information as needed.

**Question:** A patient with severe depression tells the nurse, 'I feel like a burden to everyone.' What is the most appropriate nursing intervention?

**Answer:** Encourage the patient to talk more about their feelings.

**Question:** A patient with generalized anxiety disorder is worried about an upcoming doctor's appointment. What is the most helpful nursing response?

**Answer:** I can see that you're anxious. Let's practice some deep breathing exercises.

**Question:** Which nursing intervention is most appropriate for a patient with Alzheimer's disease who is experiencing memory loss?

**Answer:** Providing a structured environment and using memory aids.

**Question:** A patient with bipolar disorder is in a manic state. What is the priority nursing action?

**Answer:** Promoting rest in a low-stimulation environment.

**Question:** A nurse is educating a patient about coping strategies for managing anxiety. Which strategy should the nurse include?

**Answer:** Developing a regular exercise routine.

**Question:** A patient with bipolar disorder is experiencing rapid mood swings. What is the priority nursing action?

**Answer:** Provide a calm and stable environment.

**Question:** What should a nurse do first for a patient experiencing a panic attack?

**Answer:** Reassure the patient and guide them to take slow, deep breaths.

**Question:** A patient with major depressive disorder is refusing to eat. What is the most appropriate nursing intervention?

**Answer:** Consult the dietitian for alternative meal options and encourage small, frequent meals.

**Question:** A patient with schizophrenia is continuously talking about alien abductions. What is the best nursing response?

**Answer:** Engage the patient in discussions about reality-based topics.

**Question:** What is an appropriate intervention for a patient diagnosed with obsessive-compulsive disorder who is ritualistically washing their hands?

**Answer:** Gradually encourage the patient to limit the amount of time spent on rituals.

**Question:** A nurse is caring for a patient with schizophrenia who is experiencing paranoid delusions. What is the most appropriate nursing intervention?

**Answer:** Express understanding without validating the delusions.

**Question:** A patient diagnosed with generalized anxiety disorder (GAD) complains of constant worry. What is the best initial nursing intervention?

**Answer:** Teach the patient relaxation techniques such as deep breathing.

**Question:** A patient with severe depression says, 'Life isn't worth living anymore.' What is the nurse's priority action?

**Answer:** Immediately assess the patient's risk for suicide.

**Question:** Which intervention is most appropriate for a patient with severe anorexia nervosa?

**Answer:** Monitor the patient's food intake and weight closely.

**Question:** A patient with PTSD has frequent flashbacks. What is the most suitable nursing intervention?

**Answer:** Teach the patient grounding techniques to manage flashbacks.

**Question:** A patient with obsessive-compulsive disorder (OCD) is distressed because they cannot complete their rituals. What is the most appropriate nursing intervention?

**Answer:** Help the patient to gradually decrease the time spent on rituals.

**Question:** What is the most appropriate intervention for a patient expressing feelings of hopelessness and worthlessness?

**Answer:** Encourage the patient to participate in self-care activities.

**Question:** A patient with panic disorder is experiencing an acute panic attack in the emergency department. What is the nurse's priority intervention?

**Answer:** Reassuring the patient and guiding them through deep breathing exercises.

**Question:** A nurse is working with a patient who has a history of substance abuse. What is the most appropriate initial intervention?

**Answer:** Assessing the patient's level of motivation for change.

**Question:** A patient diagnosed with borderline personality disorder has frequent mood swings. What is the priority nursing intervention?

**Answer:** Providing consistent and stable care.

**Question:** A patient with depression is not participating in unit activities. What is the most appropriate nursing intervention?

**Answer:** Encourage the patient to attend at least one activity daily.

**Question:** A patient with PTSD is reluctant to engage in therapy sessions. What is the best nursing approach?

**Answer:** Discuss the benefits of therapy and allow the patient to express concerns.

**Question:** What should a nurse do when a patient with anxiety states, 'I feel like something terrible is going to happen'?

**Answer:** Encourage the patient to elaborate on their feelings.

**Question:** A patient with an eating disorder expresses a desire to exercise excessively. What is the most appropriate nursing intervention?

**Answer:** Set limits on physical activity and discuss the risks of excessive exercise.

**Question:** Which intervention is most important for a nurse to perform when caring for a patient with severe psychomotor agitation?

**Answer:** Provide a calm and safe environment.

**Question:** A patient with severe generalized anxiety disorder expresses that they feel overwhelmed by their life responsibilities. What is the best initial nursing intervention?

**Answer:** Help the patient prioritize tasks and suggest a structured routine.

**Question:** A patient diagnosed with acute schizophrenia is not taking their prescribed medication. What is the most appropriate nursing intervention?

**Answer:** Discuss the importance of the medication and address any concerns the patient may have.

**Question:** What is the most suitable intervention for a patient who expresses feelings of chronic hopelessness and helplessness?

**Answer:** Encouraging the patient to discuss these feelings openly.

**Question:** A patient with bipolar disorder, currently in a manic phase, is disruptive in the common area. What should the nurse do first?

**Answer:** Move the patient to a quieter, less stimulating environment.

**Question:** A patient with social anxiety disorder is about to attend a group therapy session for the first time. What is the best approach for the nurse to take?

**Answer:** Encourage the patient to observe initially and join when comfortable.

**Question:** A patient with major depressive disorder who has been isolating themselves expresses that they feel better when alone. What is the most appropriate nursing intervention?

**Answer:** Encourage the patient to participate in small group activities to build social interaction.

**Question:** A patient is admitted for alcohol detoxification and is experiencing severe tremors and agitation. What is the priority nursing intervention?

**Answer:** Administer prescribed medications to manage withdrawal symptoms.

**Question:** What is the most effective nursing intervention for a patient diagnosed with borderline personality disorder exhibiting splitting behavior?

**Answer:** Set consistent boundaries and communicate with the team to maintain consistency.

**Question:** A patient with schizophrenia is having difficulty adhering to their medication regimen. What is the best nursing intervention?

**Answer:** Explore the reasons for non-adherence and provide education and support.

**Question:** A patient with PTSD is continuously experiencing flashbacks and nightmares. What should be the nurse's primary focus?

**Answer:** Teach the patient coping strategies and grounding techniques to manage symptoms.

**Question:** A patient with post-traumatic stress disorder (PTSD) becomes very anxious whenever they hear loud noises. What is the best initial nursing intervention?

**Answer:** Help the patient develop coping strategies to manage their anxiety.

**Question:** A patient with schizophrenia believes they are being spied on by the government. What is the most therapeutic nursing response?

**Answer:** Engage the patient in reality-based activities and discussions.

**Question:** A patient diagnosed with social anxiety disorder is hesitant to attend a community event. What is the most appropriate nursing intervention?

**Answer:** Discuss the patient's concerns and encourage gradual exposure to social situations.

**Question:** A nurse is caring for a patient who exhibits self-harm behaviors. What is the priority nursing intervention?

**Answer:** Encourage the patient to talk about their feelings while ensuring their safety.

**Question:** A patient with major depressive disorder is not completing their activities of daily living (ADLs). What should the nurse do?

**Answer:** Assist the patient with ADLs while encouraging independence.

**Question:** A patient with severe anxiety is admitted to the hospital. What is the most appropriate initial nursing intervention?

**Answer:** Provide a calm and quiet environment to help the patient relax.

**Question:** A patient struggling with substance abuse expresses a desire to quit but feels overwhelmed. What is the best initial nursing intervention?

**Answer:** Provide information about support groups and counseling.

**Question:** A patient with depression is refusing medication due to fear of side effects. What is the best nursing response?

**Answer:** Informing the patient about the benefits and potential side effects, and addressing any concerns they have.

**Question:** A patient with borderline personality disorder is exhibiting manipulative behavior. What is the most appropriate nursing intervention?

**Answer:** Setting clear and consistent boundaries and enforcing them firmly.

**Question:** A patient with bipolar disorder in the manic phase is being disruptive. What is the nurse's priority action?

**Answer:** Providing a low-stimulation environment and ensuring patient safety.

**Question:** A patient with panic disorder is admitted to the emergency department with chest pain and shortness of breath. What should the nurse do first?

**Answer:** Assess the patient's vital signs and reassure them.

**Question:** What is the best nursing intervention for a patient who isolates themselves due to social anxiety disorder?

**Answer:** Encourage gradual exposure to social situations.

**Question:** A patient with depression expresses feelings of hopelessness and lack of energy. What is the most effective nursing intervention?

**Answer:** Encourage small, achievable goals and regular physical activity.

**Question:** How should a nurse respond to a patient with schizophrenia who believes they are being followed?

**Answer:** Acknowledge their fear and engage in a reality-based conversation.

**Question:** What is the most appropriate intervention for a patient with obsessive-compulsive disorder (OCD) who spends hours checking and rechecking their actions?

**Answer:** Gradually help the patient reduce the frequency of their rituals.

**Question:** A patient with major depressive disorder is having difficulty getting out of bed in the morning. What is the most appropriate nursing intervention?

**Answer:** Encourage the patient to set small, achievable goals for the day.

**Question:** A patient with generalized anxiety disorder is worried about an upcoming surgery. What is the best nursing intervention?

**Answer:** Provide detailed information about the procedure and what to expect.

**Question:** A patient with schizophrenia is having auditory hallucinations instructing them to harm themselves. What is the priority nursing action?

**Answer:** Ensure the safety of the patient and others immediately.

**Question:** What is the most appropriate nursing intervention for a patient with Alzheimer's disease who is wandering?

**Answer:** Use gentle redirection and provide a secure environment.

**Question:** A patient with an eating disorder is refusing meals. What should the nurse do?

**Answer:** Encourage the patient to participate in meal planning and set achievable nutrition goals.

**Question:** A patient who has been diagnosed with PTSD is experiencing nightmares and flashbacks. What is the best nursing intervention?

**Answer:** Teach the patient grounding techniques to manage their flashbacks.

**Question:** Which nursing intervention is most appropriate for a patient exhibiting signs of severe social withdrawal due to depression?

**Answer:** Encourage participation in group therapies and social interactions.

**Question:** A patient with obsessive-compulsive disorder (OCD) is distressed about their compulsions. What is the most appropriate nursing response?

**Answer:** Help the patient find alternatives to their compulsive behaviors gradually.

**Question:** A patient experiencing auditory hallucinations hears voices telling them they are worthless. What should the nurse do first?

**Answer:** Assess the patient's safety and provide reassurance.

**Question:** A patient with a history of substance abuse admits they are struggling to avoid relapsing. What is the best nursing intervention?

**Answer:** Provide the patient with information about support groups and coping strategies.

**Question:** A patient experiencing acute anxiety reports feeling like they are about to have a heart attack. What is the nurse's first intervention?

**Answer:** Reassure the patient and guide them to take slow, deep breaths.

**Question:** A nurse is providing care to a patient with schizophrenia who is experiencing auditory hallucinations. What is the best initial nursing response?

**Answer:** Help the patient focus on reality-based activities.

**Question:** A patient with anorexia nervosa insists they are overweight despite significant weight loss. What should be the nurse's priority intervention?

**Answer:** Avoid discussing the patient's weight to prevent distress.

**Question:** What is the most appropriate nursing intervention for a patient experiencing mania in bipolar disorder?

**Answer:** Provide a quiet environment to help reduce stimulation.

**Question:** A patient with generalized anxiety disorder is prescribed a new medication. What should the nurse ensure before the patient begins this medication?

**Answer:** The patient understands the medication's purpose and side effects.

**Question:** A patient with depression refuses to participate in daily activities and stays in bed all day. What is the most appropriate nursing intervention?

**Answer:** Encourage the patient to join a simple and structured activity.

**Question:** A patient with acute stress disorder is having difficulty sleeping due to nightmares. What is the most appropriate nursing intervention?

**Answer:** Teach the patient relaxation techniques to use before sleeping.

**Question:** A patient with schizophrenia believes that the television is sending them special messages. What is the best initial nursing intervention?

**Answer:** Argue with the patient about the truth of their belief.

**Question:** What is the most appropriate intervention for a patient with social anxiety disorder who is afraid of speaking in group therapy?

**Answer:** Encourage the patient to share thoughts at their own pace.

**Question:** A patient with obsessive-compulsive disorder (OCD) is feeling distressed about their compulsive handwashing. What should the nurse do?

**Answer:** Encourage the patient to engage in alternative activities gradually.



**Question:** A patient with severe depression is expressing feelings of hopelessness and despair. What is the most appropriate nursing intervention?

**Answer:** Encourage the patient to express their feelings and listen actively.

**Question:** A patient with schizophrenia states, 'The FBI is watching me.' What is the most appropriate nursing response?

**Answer:** Explore the patient's feelings and provide reassurance of safety.

**Question:** A patient with generalized anxiety disorder reports feeling constantly worried and unable to relax. What is the best initial nursing intervention?

**Answer:** Teach the patient relaxation techniques and deep breathing exercises.

**Question:** A patient with anorexia nervosa is refusing to eat. What is the most appropriate intervention by the nurse?

**Answer:** Develop a meal plan with the patient that includes small, frequent meals.

**Question:** A patient with bipolar disorder is in a manic phase and is highly agitated. What should the nurse do first?

**Answer:** Provide a calm and low-stimulation environment.

**Question:** A patient with bipolar disorder is experiencing depressive symptoms. What should the nurse prioritize?

**Answer:** Monitoring the patient closely for signs of suicidal ideation.

**Question:** A patient with panic disorder is having a panic attack. What is the nurse's most appropriate intervention?

**Answer:** Encourage the patient to take slow, deep breaths.

**Question:** A patient with obsessive-compulsive disorder is frequently late to appointments due to ritualistic behaviors. What is the best approach?

**Answer:** Help the patient develop a structured schedule that allows time for rituals.

**Question:** What should a nurse do when a patient with depression reports feeling like a burden to their family?

**Answer:** Reassure the patient and encourage them to share their feelings.

**Question:** A patient with generalized anxiety disorder is worried about everything and unable to concentrate. What is the best nursing intervention?

**Answer:** Educate the patient about anxiety and teach coping strategies.

## **Physiological Integrity**

**Question:** Which of the following is a priority nursing intervention for a patient experiencing an acute asthma attack?

**Answer:** Administering a bronchodilator

**Question:** A patient presents with shortness of breath and appears cyanotic. Which diagnostic test should be performed first?

**Answer:** Arterial blood gas (ABG)

**Question:** Which of the following medications should the nurse anticipate administering to a patient with a confirmed myocardial infarction?

**Answer:** Morphine

**Question:** What is the most appropriate nursing action for a patient who is experiencing hypoglycemia and is conscious?

**Answer:** Providing a glass of orange juice

**Question:** Which electrolyte imbalance is most commonly associated with the use of loop diuretics?

**Answer:** Hypokalemia

**Question:** A patient with congestive heart failure (CHF) is prescribed a low sodium diet. Which of the following foods should be avoided?

**Answer:** Canned soup

**Question:** Which type of isolation precaution is appropriate for a patient with tuberculosis?

**Answer:** Airborne precautions

**Question:** In which position should a patient be placed following a lumbar puncture?

**Answer:** Supine

**Question:** What is the primary purpose of performing incentive spirometry on post-operative patients?

**Answer:** To prevent atelectasis

**Question:** A patient on anticoagulant therapy presents with black tarry stools. What should be the nurse's first action?

**Answer:** Notify the physician

**Question:** Which nursing intervention is most appropriate for a patient experiencing anaphylaxis?

**Answer:** Administering epinephrine

**Question:** Which lab value should be closely monitored in a patient taking digoxin for heart failure?

**Answer:** Potassium

**Question:** What is the primary goal of treating diabetic ketoacidosis (DKA)?

**Answer:** Rehydration and electrolyte replacement

**Question:** Which dietary recommendation is appropriate for a patient with chronic kidney disease (CKD)?

**Answer:** Low potassium intake

**Question:** What is the priority nursing action for a patient who experiences a seizure?

**Answer:** Turning the patient on their side

**Question:** Which assessment finding is most indicative of a pneumothorax?

**Answer:** Hyperresonance on the affected side

**Question:** What is the first action a nurse should take if a patient complains of chest pain?

**Answer:** Asking about the pain's characteristics

**Question:** Which sign is most indicative of hypovolemic shock?

**Answer:** Oliguria

**Question:** For a patient undergoing blood transfusion therapy, which complication should the nurse monitor for most closely?

**Answer:** Fluid volume overload

**Question:** Which symptom is most characteristic of a deep vein thrombosis (DVT)?

**Answer:** Localized pain and swelling in one leg

**Question:** What is the most important nursing intervention for a patient experiencing ventricular fibrillation?

**Answer:** Initiating cardiopulmonary resuscitation (CPR)

**Question:** A patient with cirrhosis of the liver is exhibiting signs of hepatic encephalopathy. Which dietary modification is most appropriate?

**Answer:** Decreased protein intake

**Question:** What is the primary concern for a patient with a spinal cord injury at the C4 level?

**Answer:** Risk of respiratory compromise

**Question:** Which of the following is the best position for a patient experiencing an exacerbation of chronic obstructive pulmonary disease (COPD)?

**Answer:** High Fowler's position

**Question:** Which of the following assessments is most critical before administering intravenous potassium?

**Answer:** Urine output

**Question:** Which intervention is most appropriate for a patient with chronic venous insufficiency?

**Answer:** Elevating the legs above heart level

**Question:** Which laboratory test is most indicative of renal function?

**Answer:** Serum creatinine

**Question:** For a patient undergoing chemotherapy, which side effect is most urgent to address?

**Answer:** Neutropenia

**Question:** Which symptom is most concerning for a patient receiving total parenteral nutrition (TPN)?

**Answer:** Elevated blood glucose levels

**Question:** A patient with a known history of seizures is prescribed phenytoin. Which lab value requires close monitoring?

**Answer:** Phenytoin level

**Question:** Which is the most important nursing action when caring for a patient with an indwelling urinary catheter?

**Answer:** Maintaining the bag below the level of the bladder

**Question:** When administering opioids for pain management, what is the most critical vital sign that the nurse should monitor?

**Answer:** Respiratory rate

**Question:** What is the best nursing intervention to prevent postoperative complications in a patient after abdominal surgery?

**Answer:** Encouraging early ambulation

**Question:** Which symptom is most indicative of fluid overload in a patient receiving intravenous (IV) fluids?

**Answer:** Bounding pulse

**Question:** When providing care for a patient with a nasogastric (NG) tube, which intervention is most important?

**Answer:** Checking tube placement before each feeding

**Question:** For a patient with dehydration, which clinical sign is most indicative?

**Answer:** Dry skin and mucous membranes

**Question:** Which nursing action is most appropriate when caring for a patient with a large stage III pressure ulcer?

**Answer:** Cleaning the wound with saline solution

**Question:** A patient is receiving anticoagulant therapy. Which symptom should the nurse immediately report?

**Answer:** Hematuria

**Question:** Which of the following is an early sign of hemorrhage in a postoperative patient?

**Answer:** Increased heart rate

**Question:** What is the priority assessment for a patient receiving a blood transfusion?

**Answer:** Monitoring for signs of an allergic reaction

**Question:** What is the most appropriate initial nursing action for a patient who is experiencing acute chest pain?

**Answer:** Administering nitroglycerin

**Question:** Which intervention is most important for a patient with an acute exacerbation of heart failure?

**Answer:** Monitoring daily weight

**Question:** For a patient diagnosed with pneumonia, which clinical finding would indicate a need for immediate action?

**Answer:** Oxygen saturation of 88%

**Question:** When caring for a patient with bacterial meningitis, which of the following is the priority intervention?

**Answer:** Monitoring for seizures

**Question:** Which symptom suggests that a patient may be experiencing a transfusion reaction?

**Answer:** Low back pain

**Question:** Which nursing intervention is most effective in preventing hospital-acquired pneumonia in postoperative patients?

**Answer:** Encouraging the use of an incentive spirometer

**Question:** Which assessment finding would most likely indicate a complication of intravenous therapy?

**Answer:** Phlebitis at the IV site

**Question:** Which nursing diagnosis is most appropriate for a patient experiencing dysphagia following a stroke?

**Answer:** Risk for aspiration

**Question:** Which laboratory result is most important to evaluate in a patient with suspected pancreatitis?

**Answer:** Serum amylase

**Question:** For a patient with severe burns, what is the primary concern during the first 24 hours post-injury?

**Answer:** Fluid volume deficit

**Question:** Which action should the nurse take first when a patient is experiencing signs of a blood transfusion reaction?

**Answer:** Stop the transfusion

**Question:** For a patient with deep vein thrombosis (DVT), which intervention is a priority?

**Answer:** Administering anticoagulant therapy

**Question:** What is the most important assessment for a patient with suspected appendicitis?

**Answer:** Assessing for rebound tenderness

**Question:** Which electrolyte imbalance is a major concern in a patient with extensive burns?

**Answer:** Hypokalemia

**Question:** Which of the following is the most effective method for preventing catheter-associated urinary tract infections (CAUTIs) in hospitalized patients?

**Answer:** Using aseptic technique during catheter insertion

**Question:** A patient with a recent head injury presents with a clear, watery drainage from the nose. What should the nurse do first?

**Answer:** Test the drainage for glucose

**Question:** Which clinical sign is most indicative of hypocalcemia?

**Answer:** Positive Chvostek's sign

**Question:** What is the nurse's priority action when a patient is found to have a potassium level of 6.5 mEq/L?

**Answer:** Initiate cardiac monitoring

**Question:** Which intervention should a nurse prioritize for a patient experiencing diabetic ketoacidosis (DKA)?

**Answer:** Starting an insulin infusion

**Question:** Which of the following findings would indicate an adverse reaction in a patient taking furosemide?

**Answer:** Muscle weakness

**Question:** Which position is most appropriate for a patient experiencing dyspnea?

**Answer:** Semi-Fowler's

**Question:** Which of the following assessments would indicate a possible complication in a patient with a chest tube?

**Answer:** Continuous bubbling in the water seal chamber

**Question:** What is the first priority for a nurse when managing a patient with a suspected cervical spinal cord injury?

**Answer:** Immobilizing the cervical spine

**Question:** For a patient with suspected septic shock, which is the most important initial intervention?

**Answer:** Obtaining blood cultures

**Question:** Which of the following is a key intervention for a patient with acute kidney injury (AKI) and hyperkalemia?

**Answer:** Administering IV insulin and glucose

**Question:** Which medication is most appropriate to administer for a patient experiencing an acute migraine?

**Answer:** Sumatriptan

**Question:** What is the primary goal of care for a patient experiencing a hypertensive crisis?

**Answer:** Lowering blood pressure gradually

**Question:** Which of the following signs would indicate hypoglycemia in a patient with diabetes?

**Answer:** Tachycardia

**Question:** What is the most effective way to prevent pressure ulcers in an immobile patient?

**Answer:** Repositioning the patient every 2 hours

**Question:** In a patient with congestive heart failure (CHF), which assessment finding would indicate fluid overload?

**Answer:** Peripheral edema

**Question:** Which of the following is the most important intervention for preventing deep vein thrombosis (DVT) in postoperative patients?

**Answer:** Encouraging early ambulation

**Question:** For a patient on digoxin therapy, which laboratory value is crucial to monitor closely?

**Answer:** Serum potassium

**Question:** What is the priority nursing action for a patient undergoing a tonic-clonic seizure?

**Answer:** Turning the patient to the side

**Question:** Which of the following complications is a patient with total parenteral nutrition (TPN) at greatest risk for developing?

**Answer:** Infection

**Question:** Which assessment finding indicates a potential complication of mechanical ventilation?

**Answer:** Increased peak airway pressure

**Question:** Which intervention is most appropriate for managing a patient with newly diagnosed hypertension?

**Answer:** Administering diuretics as prescribed

**Question:** Which clinical sign indicates acute renal failure?

**Answer:** Oliguria

**Question:** For a patient with chronic obstructive pulmonary disease (COPD), which nursing diagnosis is most appropriate?

**Answer:** Ineffective airway clearance

**Question:** Which of the following is a priority nursing intervention for a patient with increased intracranial pressure (ICP)?

**Answer:** Elevating the head of the bed

**Question:** What is the primary goal in the management of a patient with ischemic stroke?

**Answer:** Maintaining airway patency

**Question:** Which clinical finding is an early sign of hypoxia in a patient?

**Answer:** Restlessness

**Question:** What is the most appropriate nursing intervention for a patient with myocardial infarction?

**Answer:** Administering oxygen therapy

**Question:** In the immediate postoperative period, which assessment is the highest priority?

**Answer:** Breath sounds

**Question:** Which of the following is the best method to assess fluid balance in a patient with heart failure?

**Answer:** Daily weight



**Question:** When providing care to a patient with an arterial line, which action is most important?

**Answer:** Maintaining continuous flush solution in the line

**Question:** Which of the following symptoms would most likely indicate hyperthyroidism in a patient?

**Answer:** Heat intolerance

**Question:** A patient with chronic kidney disease should avoid foods high in which of the following?

**Answer:** Potassium

**Question:** Which assessment finding is most concerning for a patient receiving morphine for pain management?

**Answer:** Respiratory depression

**Question:** Which of the following would best indicate effective airway clearance in a patient with pneumonia?

**Answer:** Productive cough

**Question:** For a patient with hyperparathyroidism, which electrolyte imbalance is most likely to occur?

**Answer:** Hypercalcemia

**Question:** What is the priority action for a nurse caring for a patient with acute respiratory distress?

**Answer:** Initiating high-flow oxygen therapy

**Question:** Which finding is most indicative of right-sided heart failure?

**Answer:** Peripheral edema

**Question:** Which nursing intervention is most appropriate for a patient with neutropenia?

**Answer:** Initiating reverse isolation

**Question:** For a patient with suspected gastrointestinal bleeding, which diagnostic test is most appropriate?

**Answer:** Colonoscopy

**Question:** What is the most appropriate nursing intervention for a patient with a serum sodium level of 128 mEq/L?

**Answer:** Initiating seizure precautions

**Question:** Which of the following is the most appropriate method to prevent long-term complications in a patient with diabetes mellitus?

**Answer:** Regular blood glucose monitoring

**Question:** Which dietary recommendation is most appropriate for a patient with gout?

**Answer:** Low purine diet

**Question:** What is the priority action for a nurse when a patient reports sudden, severe abdominal pain?

**Answer:** Notify the physician immediately

**Question:** Which clinical sign is most indicative of hypovolemia?

**Answer:** Warm, moist skin

**Question:** For a patient on a mechanical ventilator, which assessment finding should be reported immediately?

**Answer:** Sudden increase in peak airway pressure

**Question:** Which of the following is the best indicator of effective resuscitation in a patient experiencing shock?

**Answer:** Increased urine output

**Question:** What is the priority nursing intervention for a patient who has ingested a toxic substance?

**Answer:** Administering activated charcoal

**Question:** Which of the following findings would indicate a therapeutic response to diuretic therapy in a patient with heart failure?

**Answer:** Decreased edema

**Question:** In a patient with suspected pulmonary embolism, what is the most critical initial assessment?

**Answer:** Oxygen saturation

**Question:** Which clinical sign is most indicative of hyperglycemia in a diabetic patient?

**Answer:** Polyuria

**Question:** What is the priority nursing action for a patient with a blood glucose level of 45 mg/dL?

**Answer:** Providing a carbohydrate snack

**Question:** Which of the following is the best positioning for a patient with increased intracranial pressure (ICP)?

**Answer:** Semi-Fowler's

**Question:** What immediate action should a nurse take when a patient's chest tube becomes dislodged?

**Answer:** Apply an occlusive dressing

**Question:** Which laboratory value is most important to monitor in a patient receiving warfarin therapy?

**Answer:** INR

**Question:** For a patient with cirrhosis, which finding would indicate early hepatic encephalopathy?

**Answer:** Confusion

**Question:** Which intervention is most appropriate for a patient experiencing a seizure?

**Answer:** Turn the patient onto their side

**Question:** What is the primary goal for a patient with acute pancreatitis?

**Answer:** Maintaining fluid balance

**Question:** Which clinical finding is most indicative of early-stage shock?

**Answer:** Tachycardia

**Question:** For a patient with COPD, which breathing technique is most effective?

**Answer:** Pursed-lip breathing

**Question:** Which nursing action is most appropriate for a patient with a newly created tracheostomy?

**Answer:** Suctioning the tracheostomy as needed

**Question:** What is the most important initial intervention for a patient with hyperkalemia?

**Answer:** Monitoring cardiac rhythm

**Question:** Which finding would indicate to the nurse that a patient may be at risk for developing oral candidiasis?

**Answer:** Frequent use of antibiotics

**Question:** What is the priority nursing assessment for a patient receiving a blood transfusion?

**Answer:** Respiratory status

**Question:** Which of the following is a key nursing intervention for a patient with a urinary catheter to prevent infection?

**Answer:** Performing hand hygiene before and after handling the catheter

**Question:** What is the primary nursing goal for a patient in the early stages of shock?

**Answer:** Maintaining fluid volume

**Question:** Which intervention is a priority for a patient with acute pulmonary edema?

**Answer:** Administering loop diuretics

**Question:** What is the most appropriate nursing intervention for a patient with sinustachycardia?

**Answer:** Instruct the patient to bear down as if having a bowel movement

**Question:** Which clinical finding should alert the nurse of a possible transfusion reaction?

**Answer:** Back pain and hypotension

**Question:** A patient with a low hematocrit level is likely to experience which of the following symptoms?

**Answer:** Fatigue

**Question:** Which assessment is the best indicator of adequate tissue perfusion in a patient with septic shock?

**Answer:** Urine output

**Question:** What is the priority nursing action when a patient receiving chemotherapy develops a fever?

**Answer:** Notify the primary care provider

**Question:** Which electrolyte imbalance is most likely in a patient with malnutrition?

**Answer:** Hypomagnesemia

**Question:** What is the primary nursing consideration for a patient receiving a high dose of methotrexate?

**Answer:** Monitoring liver function tests

**Question:** Which of the following interventions is most important for a patient with autonomic dysreflexia?

**Answer:** Elevating the head of the bed

**Question:** Which assessment is crucial for a patient receiving IV vancomycin to ensure safe administration?

**Answer:** Assessing for hearing loss

**Question:** What is the priority nursing intervention for a patient with a chest tube who develops sudden shortness of breath?

**Answer:** Notify the physician immediately

**Question:** Which clinical finding is most indicative of a urinary tract infection (UTI) in an elderly patient?

**Answer:** Confusion

**Question:** For a patient with a nasogastric (NG) tube, which of the following is a priority intervention to ensure proper function?

**Answer:** Verifying tube placement before each feeding

**Question:** What is the best method to assess the fluid status of a patient receiving intravenous (IV) fluids?

**Answer:** Measuring daily weights

**Question:** Which of the following signs indicates an adverse reaction to opioid pain medication?

**Answer:** Sedation and respiratory depression

**Question:** What is the most important nursing action when caring for a patient with a mechanical ventilation?

**Answer:** Providing oral care every 2 hours

**Question:** Which intervention is priority for a patient undergoing dialysis with a history of hypertension?

**Answer:** Monitoring blood pressure closely

**Question:** For a patient who reports chest pain, which diagnostic test should be obtained immediately?

**Answer:** Electrocardiogram (ECG)

**Question:** Which clinical sign would indicate a complication in a patient receiving total parenteral nutrition (TPN)?

**Answer:** Hyperglycemia

**Question:** What is the best immediate action if a patient's central line dressing becomes wet and loose?

**Answer:** Change the dressing using sterile technique

**Question:** Which action should the nurse take first for a patient exhibiting signs of anaphylaxis?

**Answer:** Administer epinephrine

**Question:** What is the most appropriate initial intervention for a patient experiencing a stroke?

**Answer:** Performing a neurological assessment

**Question:** Which clinical finding suggests a patient may be developing septic shock?

**Answer:** Hyperthermia

**Question:** What is the primary intervention for a patient with hyperkalemia?

**Answer:** Monitor cardiac rhythm

**Question:** Which of the following is a critical assessment for a patient with a head injury?

**Answer:** Assessing pupil reaction

**Question:** For a patient with liver cirrhosis, which laboratory value is most critical to monitor?

**Answer:** Ammonia

**Question:** Which of the following interventions should be implemented first for a patient in diabetic ketoacidosis (DKA)?

**Answer:** Starting an IV infusion of normal saline

**Question:** What is the most important nursing assessment for a patient receiving a blood transfusion?

**Answer:** Monitoring for signs of allergic reaction

**Question:** What is the priority nursing action for a patient exhibiting symptoms of hypoglycemia?

**Answer:** Administering oral glucose

**Question:** Which finding is most indicative of fluid overload in a patient with congestive heart failure (CHF)?

**Answer:** Jugular vein distension

## **Safe and Effective Care Environment**

**Question:** Which action by the nurse demonstrates the principle of maintaining a safe environment for a confused patient?

**Answer:** Keeping the bed in the lowest position

**Question:** A nurse is preparing to administer a medication that the patient is allergic to. What should the nurse do first?

**Answer:** Contact the prescribing healthcare provider

**Question:** What is the most effective method for a nurse to prevent the spread of infection in a healthcare setting?

**Answer:** Frequent hand washing

**Question:** When setting up a sterile field for a dressing change, the nurse most importantly should:

**Answer:** Avoid reaching over the sterile field

**Question:** A patient is to be transferred from the bed to a wheelchair. What is the first step the nurse should take?

**Answer:** Lock the wheels of the wheelchair

**Question:** The nurse is conducting a home safety assessment. Which finding indicates a need for intervention?

**Answer:** Throw rugs are present in the hallways

**Question:** Which intervention is essential when a nurse is caring for a patient in isolation?

**Answer:** Wearing personal protective equipment (PPE) before entering the room

**Question:** A nurse notices smoke coming from a patient's room. What is the first action the nurse should take?

**Answer:** Rescue the patient from immediate danger

**Question:** During an emergency situation, which approach is the priority for the nurse to ensure a safe and effective care environment?

**Answer:** Communicating clearly and effectively

**Question:** Which factor should a nurse consider first when planning care for a newly admitted patient?

**Answer:** The potential safety hazards in the patient's room

**Question:** A nurse is teaching a patient about the use of a walker. Which instruction is correct?

**Answer:** Move the walker first, then step forward with the weakest leg.

**Question:** Which action by the nurse ensures patient confidentiality in a shared hospital room?

**Answer:** Discussing the patient's condition in a lowered voice

**Question:** When administering a blood transfusion, what is the most important initial step the nurse should take?

**Answer:** Verify the blood product with another licensed nurse

**Question:** A nurse is developing an evacuation plan for patients during a fire drill. What should be the priority?

**Answer:** Evacuating patients who are closest to the danger first

**Question:** What should the nurse prioritize to ensure safe administration of medications?

**Answer:** Checking the medications against the medication administration record (MAR)

**Question:** A patient on contact precautions requires assistance. Which action should the nurse take first?

**Answer:** Wear gloves and a gown before providing care

**Question:** Which strategy helps reduce falls in a healthcare facility?

**Answer:** Placing personal items within the patient's reach

**Question:** A child is scheduled for surgery. What is the best method for the nurse to ensure the parents understand the procedure?

**Answer:** Ask the parents to explain the procedure back to the nurse in their own words

**Question:** When handling biohazard materials, what is the primary action the nurse must take?

**Answer:** Using gloves and protective equipment

**Question:** Which practice is essential in preventing medication administration errors?

**Answer:** Having another nurse verify the medications

**Question:** What is the most important action for the nurse to take when a patient starts to fall while ambulating?

**Answer:** Lower the patient gently to the floor

**Question:** In the event of a chemical spill in the hospital, what is the nurse's first priority?

**Answer:** Isolate the area to prevent exposure

**Question:** Which action is a nurse's priority when witnessing a patient having a seizure?

**Answer:** Protect the patient's head from injury

**Question:** When caring for a patient with a radiation implant, which principle should guide the nurse's actions?

**Answer:** Maintaining a distance from the patient whenever possible

**Question:** To prevent medication errors, what is the best action for the nurse to take?

**Answer:** Prepare medications in a quiet environment

**Question:** A nurse is documenting care in a patient's electronic health record (EHR). Which practice best maintains confidentiality?

**Answer:** Logging off immediately after documenting

**Question:** What should the nurse ensure before starting a blood transfusion?

**Answer:** The patient has signed an informed consent

**Question:** When performing a patient transfer from bed to stretcher, the nurse should prioritize:

**Answer:** Locking the wheels on the bed and stretcher

**Question:** Which factor is crucial in preventing patient falls in a healthcare setting?

**Answer:** Placing call lights within reach

**Question:** A nurse is responsible for ensuring environmental safety in a patient's room. What action should the nurse take?

**Answer:** Remove excess furniture to allow for easy movement



**Question:** A nurse is preparing to administer a medication via a nasogastric (NG) tube. What is the first action the nurse should take?

**Answer:** Check the placement of the NG tube

**Question:** Which intervention should the nurse implement to ensure the safe use of oxygen therapy?

**Answer:** Ensure electrical equipment in the room is grounded

**Question:** When transferring a patient from a bed to a wheelchair, which technique should the nurse use to maintain safety?

**Answer:** Use a transfer belt around the patient's waist

**Question:** What is the best method to verify a patient's identity before administering medication?

**Answer:** Ask the patient to state their name and date of birth

**Question:** A nurse is disposing of a used sharps container. What is the correct procedure?

**Answer:** Seal the container and place it in the biohazard waste

**Question:** Which is a priority action for the nurse when a patient is receiving enteral nutrition through a gastrostomy tube?

**Answer:** Checking the residual volume before each feeding

**Question:** During an emergency code situation for a cardiac arrest, what is the first action a nurse should take?

**Answer:** Call for the code team

**Question:** What is the most important factor in preventing healthcare-associated infections?

**Answer:** Following proper hand hygiene practices

**Question:** When providing patient education on home safety, the nurse should include which recommendation?

**Answer:** Install nightlights in bathrooms and hallways

**Question:** What is the nurse's primary responsibility when caring for a patient with restraints?

**Answer:** Perform regular checks and release the restraints periodically

**Question:** What is the primary concern when a patient with a history of falls needs to use the bathroom at night?

**Answer:** Ensuring the patient has non-slip footwear

**Question:** How can a nurse safely manage a patient exhibiting violent behavior?

**Answer:** Use verbal de-escalation techniques

**Question:** Which practice best ensures the security of medication supplies in a healthcare setting?

**Answer:** Storing medications in a locked cart

**Question:** A nurse is planning to use physical restraints on a patient. What is the most important action to take before applying restraints?

**Answer:** Try alternative measures to calm the patient first

**Question:** When should a nurse perform a safety assessment for a patient admitted to the hospital?

**Answer:** As part of the initial admission process

**Question:** In the event of a suspected infectious disease outbreak, what is the nurse's priority action?

**Answer:** Isolate symptomatic patients immediately

**Question:** Which factor is most critical when preparing to transport a critically ill patient to another unit?

**Answer:** Assembling necessary emergency equipment

**Question:** A patient requires constant monitoring due to a high risk of seizures. What is the best action for the nurse to take?

**Answer:** Ensure padded side rails are in place on the bed

**Question:** How should the nurse handle a medication error that has not yet affected the patient?

**Answer:** Notify the healthcare provider immediately

**Question:** What is the nurse's priority action when a patient develops an allergic reaction to a medication?

**Answer:** Stop the medication immediately

**Question:** A nurse is planning care for a postoperative patient. Which intervention will help prevent respiratory complications?

**Answer:** Encouraging early ambulation

**Question:** When initiating intravenous (IV) therapy, which action is essential for maintaining a safe environment?

**Answer:** Using an alcohol swab to clean the IV port before and after use

**Question:** Which step should the nurse prioritize when preparing to administer an intramuscular injection?

**Answer:** Selecting an appropriate needle length

**Question:** The nurse is teaching a novice nurse about infection control. Which intervention should the nurse stress?

**Answer:** Performing hand hygiene before and after patient contact

**Question:** What is the most important consideration when developing a nursing care plan for a patient with an indwelling urinary catheter?

**Answer:** Preventing catheter-related infections

**Question:** A nurse is caring for a patient in a negative-pressure isolation room. What is the primary purpose of this type of room?

**Answer:** To prevent the spread of airborne pathogens

**Question:** When assessing the safety of a home environment, which factor is a priority for a nurse to address?

**Answer:** Proper lighting in hallways and stairwells

**Question:** In the event of a disaster, what is the nurse's priority when triaging patients?

**Answer:** Identifying patients who require urgent care first

**Question:** What is the safest method for disposing of unused prescription medications in a healthcare facility?

**Answer:** Return them to the pharmacy

**Question:** A nurse is setting up a sterile field. Which action breaches the sterile technique?

**Answer:** Turning away from the sterile field briefly

**Question:** What is the first action a nurse should take when discovering a needle stick injury?

**Answer:** Wash the area thoroughly with soap and water

**Question:** When caring for a patient with airborne precautions, which personal protective equipment (PPE) is essential?

**Answer:** N95 respirator mask

**Question:** What is the nurse's priority when a patient with chemical burns is admitted to the emergency department?

**Answer:** Flushing the burn with copious amounts of water

**Question:** Which action best reduces the risk of injury to a nurse when lifting a heavy object?

**Answer:** Using the leg muscles while keeping the back straight

**Question:** A nurse is preparing to administer a high-alert medication. What is the best practice to ensure patient safety?

**Answer:** Have another nurse double-check the medication and dosage

**Question:** Which action should a nurse take to promote a safe hospital environment for patients with impaired cognition?

**Answer:** Keeping the patient's room well-lit

**Question:** When should the nurse consider using telemetry monitoring for a patient?

**Answer:** Patient reports chest pain

**Question:** How should a nurse respond to a fire alarm in the hospital?

**Answer:** Close all doors to contain the fire

**Question:** What is the primary purpose of using a gait belt when assisting a patient?

**Answer:** To provide a secure grip for the caregiver

**Question:** What should be the nurse's priority when a patient is experiencing difficulty breathing?

**Answer:** Positioning the patient in a high Fowler's position

**Question:** Which action is appropriate for a nurse to take when a patient refuses medication?

**Answer:** Document the refusal and notify the healthcare provider

**Question:** What is the nurse's priority when a patient reports severe chest pain?

**Answer:** Notify the healthcare provider immediately

**Question:** A patient with a history of seizures is being admitted. What should the nurse place at the bedside?

**Answer:** Soft wrist ties

**Question:** What is the nurse's responsibility when administering a new medication?

**Answer:** Check the medication order against the original prescription

**Question:** What should the nurse prioritize to maintain a safe environment for a patient with visual impairment?

**Answer:** Removing clutter from the patient's room

**Question:** How frequently should a nurse check on a patient who is in restraints?

**Answer:** Every 15 minutes

**Question:** A patient with limited mobility is at risk for pressure ulcers. What is the nurse's best intervention?

**Answer:** Turning and repositioning the patient every 2 hours

**Question:** When should a nurse wear gloves to promote a safe care environment?

**Answer:** When touching blood or body fluids

**Question:** What is the best action for a nurse to take to prevent accidental poisoning in a pediatric unit?

**Answer:** Keep all medications locked and out of reach

**Question:** What should be the nurse's first step when preparing to insert an indwelling urinary catheter?

**Answer:** Explain the procedure to the patient

**Question:** A nurse is implementing fall precautions for an elderly patient. Which intervention should be included?

**Answer:** Placing non-slip socks on the patient

**Question:** Which procedure should a nurse follow to ensure the correct patient is receiving a blood transfusion?

**Answer:** Check the patient's identification band and blood bag with another nurse

**Question:** What is the nurse's first action when a patient begins to exhibit signs of an anaphylactic reaction?

**Answer:** Check the patient's airway, breathing, and circulation

**Question:** Which step is essential when a nurse is inserting a peripheral IV catheter?

**Answer:** Use aseptic technique during the procedure

**Question:** What should a nurse prioritize when caring for a patient in restraints?

**Answer:** Monitoring the patient's circulation and skin condition

**Question:** A nurse is caring for a patient with a central venous catheter. Which practice is most important to prevent infection?

**Answer:** Using sterile technique during dressing changes

**Question:** What is the nurse's priority when a patient on contact precautions must leave their room for a procedure?

**Answer:** Notifying the receiving department about the precautions

**Question:** What should a nurse do first when preparing to perform a sterile dressing change?

**Answer:** Explain the procedure to the patient

**Question:** How often should the nurse reposition an immobile patient to prevent pressure ulcers?

**Answer:** Every 2 hours

**Question:** In the event of a hazardous material spill, what should be the nurse's first action?

**Answer:** Evacuate the area and secure it

**Question:** When preparing to transfer a patient with limited mobility from bed to a wheelchair, what is the nurse's first step?

**Answer:** Apply a gait belt securely around the patient's waist

**Question:** What is the most important action a nurse should take before administering medication through a patient's central line?

**Answer:** Check for blood return

**Question:** Which action minimizes the risk of needlestick injuries for healthcare workers?

**Answer:** Using needleless systems

**Question:** A nurse is providing education to a patient using a cane. Which instruction is correct?

**Answer:** Hold the cane on the stronger side

**Question:** When providing care for a patient in the postoperative period, what is the best strategy to prevent pneumonia?

**Answer:** Encouraging coughing and deep breathing exercises

**Question:** What should be the nurse's priority action if a patient's IV site appears red and swollen?

**Answer:** Remove the IV catheter

**Question:** Which intervention is essential for a nurse to include when caring for a patient with dysphagia?

**Answer:** Elevating the head of the bed during meals

**Question:** In the event of a patient fall, what is the nurse's first priority?

**Answer:** Monitoring the patient for injuries

**Question:** What is the initial action the nurse should take when a patient complains of pain at the site of an indwelling catheter?

**Answer:** Increase fluid intake

**Question:** Which practice is most effective in preventing the spread of healthcare-associated infections?

**Answer:** Performing hand hygiene before and after every patient contact

**Question:** What is the most effective way for a nurse to prevent fatigue-related errors during a shift?

**Answer:** Taking regular short breaks

**Question:** Which action should a nurse take to ensure the safety of a patient receiving enteral feedings via a nasogastric (NG) tube?

**Answer:** Checking the placement of the NG tube before each feeding

**Question:** A nurse is providing discharge instructions to a patient with a new colostomy. Which statement indicates a need for further teaching?

**Answer:** I can take a bath with the colostomy pouch removed.

**Question:** When using a mechanical lift to transfer a patient, what is the first step the nurse should take?

**Answer:** Ensure all equipment is functioning properly

**Question:** Which action should the nurse avoid when caring for a patient with a history of falls?

**Answer:** Using a waist restraint to keep the patient in bed

**Question:** A nurse is handling hazardous medications. What is the primary safety concern?

**Answer:** Minimizing exposure to hazardous drugs

**Question:** What is the most important action for the nurse to prevent catheter-associated urinary tract infections (CAUTIs)?

**Answer:** Using sterile technique during catheter insertion

**Question:** When a patient is placed on seizure precautions, which equipment must a nurse ensure is readily available?

**Answer:** Suction apparatus

**Question:** Which intervention should a nurse implement to ensure effective communication during end-of-shift reports?

**Answer:** Sharing patient information in a quiet area

**Question:** What is the nurse's best action when a patient with dementia starts wandering in the hallways?

**Answer:** Guide the patient back to their room and ensure their safety

**Question:** When caring for a patient with *Clostridioides difficile* (C. diff) infection, what precaution should the nurse implement?

**Answer:** Implementing contact precautions

**Question:** A nurse is educating a patient on the use of compression stockings. Which statement indicates a need for further teaching?

**Answer:** I should wear the stockings while I'm in bed at night.

**Question:** Which action should a nurse take to minimize the risk of infection when inserting a Foley catheter?

**Answer:** Apply sterile gloves before starting the procedure

**Question:** Which intervention best ensures safety for a patient who is at risk for aspiration?

**Answer:** Keeping the head of the bed elevated at least 30 degrees

**Question:** What is the nurse's priority action when a patient reports pain at the site of an IV infusion?

**Answer:** Assess the IV site for signs of phlebitis and infiltration

**Question:** A nurse is teaching a patient how to use a metered-dose inhaler (MDI). Which instruction is correct?

**Answer:** Shake the inhaler before each use

**Question:** What is the nurse's responsibility when a patient starts to exhibit violent behavior?

**Answer:** Maintain a safe distance and call for assistance

**Question:** What is the first action a nurse should take after a patient's medication error is discovered?

**Answer:** Complete an incident report

**Question:** Which action is essential when a nurse hands off care to another nurse during a shift change?

**Answer:** Providing a detailed oral report in a private area

**Question:** How can a nurse best ensure a safe home environment for an elderly patient with limited mobility?

**Answer:** Removing all throw rugs from the home

**Question:** What is the first action a nurse should take when a patient experiences a sudden drop in oxygen saturation?

**Answer:** Check the position of the oxygen delivery device

**Question:** Which action should a nurse take to prevent injury while transferring a patient from a bed to a wheelchair?

**Answer:** Use a transfer belt around the patient's waist

**Question:** A nurse is applying a sterile dressing. What is the first step in maintaining a sterile field?

**Answer:** Don sterile gloves before handling sterile supplies

**Question:** Which action demonstrates a nurse's adherence to the principle of surgical asepsis?

**Answer:** Wearing a mask during a sterile procedure

**Question:** When caring for a patient with a latex allergy, which action by the nurse is most important?

**Answer:** Ensuring latex-free products are used



**Question:** What is the nurse's primary responsibility when a fire alarm sounds on the unit?

**Answer:** Close all doors to contain the fire

**Question:** A nurse is caring for a patient with contact precautions. Which PPE is required?

**Answer:** Gloves and gown

**Question:** What is the nurse's initial response if a medication error is suspected?

**Answer:** Monitor the patient's condition and gather data

**Question:** Which practice is crucial in reducing the risk of healthcare-associated infections?

**Answer:** Implementing standard precautions for all patients

**Question:** A nurse needs to transport a patient with tuberculosis to another department. Which precaution is necessary?

**Answer:** Place a surgical mask on the patient

**Question:** A nurse is caring for a patient who requires seizure precautions. Which item is essential to have at the bedside?

**Answer:** Suction equipment

**Question:** When a patient is in restraints, what is the nurse's priority action?

**Answer:** Monitor the patient's circulation and skin condition

**Question:** Which step should a nurse take first when a patient reports chest pain and shortness of breath?

**Answer:** Assess the patient's vital signs

**Question:** A nurse is teaching a patient how to prevent falls at home. Which statement indicates the patient needs more instruction?

**Answer:** I can use a step stool to reach high shelves.

**Question:** What is the nurse's best action to take when a fire alarm sounds during a medication round?

**Answer:** Stop administering medications immediately and assist with evacuation

**Question:** Which intervention is most important to implement for a patient at high risk for skin breakdown?

**Answer:** Reposition the patient every two hours

**Question:** A nurse is preparing to administer a medication and notices the dose ordered is higher than recommended. What should the nurse do?

**Answer:** Verify the order with the prescribing healthcare provider

**Question:** What is the primary reason for completing incident reports in healthcare settings?

**Answer:** To identify and address safety issues

**Question:** A nurse is assisting with a sterile procedure. Which action contaminates the sterile field?

**Answer:** Turning away from the sterile field

**Question:** What is the nurse's first action when she finds a patient unresponsive in bed?

**Answer:** Check for a pulse

**Question:** What is the first action a nurse should take before administering any medication?

**Answer:** Check the patient's identification band

**Question:** Which action is most appropriate for maintaining a sterile field during a procedure?

**Answer:** Only touching sterile items with sterile gloves

**Question:** When preparing to ambulate a patient with a gait belt, which of the following steps is essential for safety?

**Answer:** Ensuring the gait belt is snug but allows for breathing

**Question:** What is the priority nursing intervention for a patient experiencing an acute asthma attack?

**Answer:** Administering a bronchodilator inhaler

**Question:** Which measure is most effective in preventing the spread of infection in a healthcare setting?

**Answer:** Washing hands before and after all patient contact

**Question:** A patient has a new order for wrist restraints. What must the nurse do before applying them?

**Answer:** Check for the healthcare provider's order

**Question:** Which factor is crucial when performing hand hygiene?

**Answer:** Using a paper towel to turn off the faucet

**Question:** What should be the nurse's immediate action if an electrical fire breaks out in a patient's room?

**Answer:** Pull the nearest fire alarm and evacuate the patient

**Question:** When a patient expresses concern about the accuracy of a medication dose, what should the nurse do first?

**Answer:** Verify the medication order

**Question:** Which of the following is essential to ensure safe patient transfers with a mechanical lift?

**Answer:** Ensuring the sling is correctly positioned and secure